



eleven

Raise the game.

CHALLENGE EXAMPLES

- **Try to get your body in a position to play forward.**
- **Try to leave the ball playable for the next person.**
- **Try to link the next pass as the ball is travelling.**
- **Look for opportunities to play first time passes.**
- **Try to pass forward when it is an option.**
- **Try to lose your marker before you receive the ball.**
- **Try to be able to see both goals when you receive the ball.**
- **Try to let the ball roll across your body before you take your touch.**
- **Try to keep the ball safe on the first pass.**
- **Try to get back on the ball in the next two passes after you have passed it.**